

LOWER LOUDOUN BOYS FOOTBALL CHEERLEADING PARENTS RESPONSIBILITIES

- 1) Please be aware that cheerleading is an extracurricular activity that requires a lot of time from you and your daughter and can be a big investment. Please be willing to give and put forth the time and money involved before you register your daughter. **MAXIMUM COST OF UNIFORM: \$180.00** (Shoes not included) The uniform will consist of: Shirts, skirt, bloomers, turtleneck shirt, socks, sweat shirts, sweat pants and or wind suits. All white leather tennis shoes with good arch support are required!! No Keds or canvas tennis shoes will be allowed.
- 2) Your daughter will be required to attend all practices and games at the scheduled times unless she is sick or is attending a religious class or seminar. If you have a lot of scheduled plans or family commitments during the football season (second week in August through November 15th) please reconsider getting involved in cheerleading. If your daughter misses a lot of practices or games other than for sickness or religious classes - she will be suspended for one (1) game and could possibly be removed from the squad.
- 3) You (Parent/Guardian) are responsible for transporting your daughter to and from all practices and games (including away games) at a specific time. If you are unable to do so, it will be your responsibility to make other arrangements for your daughter and to inform the Cheerleading Coaches and Assistant Cheerleading Coaches either in person by phone or note of who will be picking up or dropping your daughter off.
- 4) The cost of operating a football program is great. Without football there will be no cheerleading. The league has several means of raising money such as fundraisers, snack bar and gate receipts. All Parents/Guardians please be aware that your daughter will be required to participate fully in the discount card fundraiser and it is your responsibility to insure that all monies due be turned in promptly. If money is not turned in she may not be allowed to cheer. You should also be informed that your daughter's cheerleading squad may be scheduled at least 2 to 3 times during the football season to have field clean-up.
- 5) As you may find out once you meet with your Cheerleading Coaches and Assistant Cheerleading Coaches that your daughter may have different tops and socks that she can wear during the season depending on the weather, please be sure of which one she is to be in, as she needs to be in full uniform to cheer. Your daughter will also be expected to cheer in inclement weather, so please see that she is dressed appropriately. If there is a game and the boys are playing, your daughter will cheer. Also, please be aware that there could possibly be a few late week night games. If the boys are playing, the girls will be there to cheer. No one will be allowed to leave after half-time. Also, your daughter will not be allowed to wear her uniform at any time other than at her game or a league sponsored activity. Disciplinary action will be taken by the Board in the event that your daughter is found in uniform at anytime other than her game.
- 6) If your daughter is going to miss a practice or game you should inform her Cheerleading Coaches and Assistant Cheerleading Coaches as soon as possible. It will also be her responsibility to get with the Cheerleading Coaches and Assistant Cheerleading Coaches to find out what information or changes she may have missed.
- 7) The league will not tolerate smoking, drinking, and the use of drugs, foul language, unsportsmanlike or unladylike conduct or smart mouthing at any time during practice, games or at any Lower Loudoun Boys Football event. If any of the above offenses are violated, your

daughter will be placed on suspension or possibly face removal from the league. Suspension at any time for whatever reason means your daughter will attend practice and games, in full uniform and sit with the Cheerleading Coaches and Assistant Cheerleading Coaches. This also, includes while in school or on school property in their uniforms; if your daughter is suspended from school she will also be suspended from that week's game.

- 8) The \$110.00 registration fee that you pay goes toward your daughter's uniform. This is not refundable after August 1st. You will also be required to pay a \$75.00 deposit at the time that your daughter receives her uniform. The deposit is fully refundable at the end of the season providing that the uniform is turned in, on time and in good condition. Keep in mind that any permanent alterations made to the uniforms will result in forfeiture of your \$75.00 deposit. Please be aware that Cheerleading Coaches and Assistant Cheerleading Coaches spend a lot of time and their own money to put together the extra pieces of the uniforms. Please pay your Cheerleading Coaches and Assistant Cheerleading Coaches promptly!! If Cheerleading Coaches and Assistant Cheerleading Coaches are not paid by their deadline it could result in your daughter not receiving some or all of her uniform. A \$25.00 fee will be charged on all returned checks written to the league or Cheerleading Coaches and Assistant Cheerleading Coaches and this must be paid in cash to the league or Coach within seven (7) days of notification.
- 9) Before your daughter will be allowed to practice and cheer you must complete this form, have your daughter read and sign the cheerleader responsibilities. Please do this at the first meeting that you have with the Cheerleading Coaches and Assistant Cheerleading Coaches.

Lower Loudoun Boys Football is a non-profit organization. All Cheerleading Coaches and Assistant Cheerleading Coaches volunteer their time and services for the benefit of your daughters. Your help and cooperation is very much needed in all areas. This form must be signed before your daughter can cheer, so please make sure that you are willing to make all the commitments and to participate fully.

Daughter's Name (Please Print)

Parent w/Legal Custody or Guardian

Date

If you have any questions or concerns, please contact the Cheerleading Coordinator Jan Craigue at (703) 969-5818.